

## Unit Descriptions

### MED SURG UNITS

**2S Renal:** The Renal/2 South unit is a 24-bed medical/surgical unit specializing in the care of patients with kidney disease, including kidney transplant. The growth in the number of transplants in recent years is a testimony to the expertise of the team of board-certified nephrologists, transplant surgeons and an all-RN nursing staff. A continuum of care is provided for patients undergoing kidney transplant as they are supported through their unique living related, cadaveric or paired exchange donation transplant process. The nursing staff is specifically trained to perform skills unique to this patient population, including peritoneal dialysis through manual as well as cyclor methods. The nursing staff actively participates in delivery of specialized care for patients who qualify for cutting-edge pharmacologic research studies under the supervision of nephrologists, transplant surgeons and clinical pharmacologists. An on-site outpatient kidney transplant clinic provides ongoing episodic care to transplant patients. The unit also provides care for a wide variety of general medical/surgical patients with common diagnoses. We have the ability to provide remote telemetry monitoring for 8 beds as needed. This mix of patients provides a dynamic environment where nurses can meet career goals.

**2W Rehab:** The Inpatient Rehabilitation/2 West unit is a 36-bed unit specializing in acute adult rehabilitation. The unit serves patients who have suffered a loss of function related to an illness or injury such as stroke, amputation, brain injury, orthopedic, spinal cord injury, cardiac conditions and many other diagnoses. Patients complete three hours of therapy daily, including physical, occupational and/or speech therapy. Each patient is followed by a physical medicine and rehabilitation physician. The nursing staff is trained to care for all patient populations and works collaboratively with the therapy staff to achieve our 81 percent discharge-to-home success rate. The unit is CARF accredited and upholds the highest standards of care for the rehabilitation patient population.

**5S General Surgery:** The General Surgery/5S unit is a fast-paced, 39-bed unit with all-private rooms. The unit primarily provides specialized care for patients undergoing general surgery, ENT procedures and medical overflow. The experience of caring for the diverse patient population on this unit provides staff with a solid clinical foundation in medical surgical nursing. This team-oriented and caring peer environment is great for both the experienced nurse and new graduate.

**Joint and Spine Center/Musculoskeletal 4-5:** The orthopedic/neurosurgery unit is a fast-paced, 58-bed unit consisting of all private rooms located in The Joint and Spine Center (JSC) on floors 4-5. It has state-of-the-art technology including the Navicare Nurse Call system, in room computing, patient information and precaution monitors as well as texting communication. The unit primarily provides specialized care for patients undergoing orthopedic/neurosurgical procedures including total joint replacements, fracture repairs, spinal surgeries, craniotomies and intracranial hemorrhage patients. The unit may also receive medical/surgical overflow. The experience of caring for the diverse patient population on this unit provides staff with a solid clinical foundation in medical surgical nursing.

**4W Oncology:** The Inpatient Oncology Services/4 West unit is a 27-bed unit. Patients may be admitted to the unit at any time during their journey through the cancer continuum, from initial diagnosis to surgery, chemotherapy, management of complications and terminal care. Patients with medical-surgical

conditions and hematological disorders such as sickle cell crisis may also be admitted. Care on this unit is provided by a multidisciplinary team of registered nurses, patient care assistants, physicians, nurse practitioners, case managers, health unit coordinators, an oncology pharmacist, an educator, chaplains, nutritionists, social workers, physical therapists, occupational therapists, and respiratory therapists. The team is very committed to providing the best quality of care to all patients and to the continued development of the entire staff.

**6W Behavioral Health:** The Behavioral Services/6 West unit is a 31-bed unit providing a full range of services and comprehensive care to adult and geriatric patients with behavioral health needs. Programs include inpatient and outpatient services. The team consists of psychiatrists, registered nurses, licensed practical nurses, health unit coordinators, social workers, patient care assistants and occupational therapists. Services include diagnostic assessments, treatment team meetings, group and individual therapy, family meetings and partnerships with community providers. Nurses work eight and twelve-hour shifts as well as weekend options. Staffing is based upon the needs of the individuals served. The unit sets a high standard of excellence and quality care.

### **STEPDOWN UNITS**

**3S Comp-Med Stepdown:** The Medical-Surgical Stepdown/3 South unit is a 29-bed medical stepdown unit specializing in the care of patients diagnosed with acute MI, cardiac arrhythmias, cardiomyopathy, CHF and other low risk cardiac/chest pain diagnoses. The unit offers general medical services to all types of patients requiring cardiac monitoring including cardiology, renal, endocrinology, general medicine, pulmonology, gastroenterology, and oncology. Staff on this unit undergo special training and education regarding non-invasive positive pressure ventilation (Bi-PAP, C-PAP, and A-PAP). They also provide infusion therapy, transfusions, injections, and central line care. Patient care assistants on this unit provide support with ADLs, POC glucose testing, and 12 Lead EKGs. 3 South is a dedicated stroke unit and all RNs are NIH stroke scale certified.

**4S Cardio-Pulmonary Stepdown:** The Cardiopulmonary Stepdown/4 South unit is a 20-bed medical stepdown unit specializing in the care of patients diagnosed with acute MI, cardiac arrhythmias, cardiomyopathy, CHF and other low risk cardiac/chest pain diagnoses. Cardiopulmonary Stepdown also cares for patients who are long-term ventilator dependent. We offer general medical services to all types of patients requiring cardiac monitoring including cardiology, renal, endocrinology, general medicine, pulmonology, gastroenterology, and oncology. Staff on this unit undergo special training and education regarding non-invasive positive pressure ventilation (Bi-PAP, C-PAP, and A-PAP). They also provide infusion therapy, transfusions, injections, and central line care. Patient care assistants on this unit provide support with ADLs, POC glucose testing, and 12 Lead EKGs. 4 South is a dedicated stroke unit and all RNs are NIH stroke scale certified.

**6S Cardiac Medical Stepdown:** The Cardiac Medical Stepdown/6 South unit is a 28-bed unit specializing in the recovery of patients following vascular and electrophysiology procedures. In addition, they specialize in providing care to patients with acute MI, cardiac arrhythmias, syncope, cardiomyopathy, and heart failure. They offer medical services to all patient populations requiring cardiac monitoring. Other services provided within this unit include titration of multiple intravenous medications and conscious sedation for cardioversions. All nurses are ACLS certified and have successfully completed an

ECG interpretation course. This is an excellent unit for nurses interested in transitioning to an ICU setting.

**7S Heart & Vascular Medical Stepdown:** The Heart Failure/7 South consists of 28 private medical stepdown beds in a family-centered environment. In addition to caring for heart failure patients, the unit specializes in the care of patients diagnosed with MI, cardiac arrhythmias, syncope and cardiomyopathy as well as the recovery of patients following ablation, pacemaker placement/ICD and PTA. Medical services are offered to all types of patient populations requiring cardiac monitoring, including renal, endocrine, pulmonary, oncologic, general medicine and geriatric. Other services provided within this unit include titration of multiple intravenous medications and conscious sedation for cardioversions. In addition, a select group of nurses complete special training to provide ultrafiltration for decompensated heart failure patients and left ventricular assist device (LVAD). All nurses are ACLS certified and have completed an EKG interpretation course. This is an excellent unit for nurses interested in transitioning to an ICU setting.

**Cardiovascular Stepdown (CVSU):** The Cardiovascular Step-Down Unit is a 32-bed, surgical step-down/progressive care unit. The primary focus of this unit is cardiothoracic surgery and interventional cardiology. Patient populations include LVAD, innovative valve replacement, pectus excavatum and post STEMI. Nursing care includes management of cardiac arrhythmias, titration of multiple intravenous medications and conscious sedation for cardioversions. All nurses on this unit are ACLS certified, have successfully completed an ECG interpretation course and follow the AACN Progressive Care Guidelines. Nursing staff possess and maintain specialty skills including chest tube removals, femoral arterial line removals, complex external pacing, ACT and iSTAT point of care testing and much more. CVSU staff includes a clinical manager, clinical assistant managers, clinical educator, registered nurses, patient care assistants, health unit coordinators, cardiac monitor readers and exercise physiologists. Specialty certification and minimum BSN education for staff on this unit are highly encouraged.

### **INTENSIVE CARE UNITS**

**CVICU:** The Cardiovascular Intensive Care Unit (CVICU) is a 16-bed cardiovascular recovery and intensive care unit. It is a fast-paced environment where state-of-the-art technology, nationally recognized standards of care and critical thinking skills are utilized by the all-RN staff to provide compassionate patient and family-centered care. Staff on this unit are highly proficient in pre-operative and intra-operative support as well as immediate post-operative phases of cardiovascular procedures. This includes open heart surgery, ventricular assist device implantation, and various interventional procedures including transcatheter aortic valve replacement. Acute cardiology and heart failure patients also receive care in CVICU, along with overflow medical and surgical intensive care patients. Staff expertly manage all types of invasive lines, medications, hemodynamic needs, intra-aortic balloon pumps, continuous dialysis and ultrafiltration machines, and various ventricular assist devices. The success of their nursing staff is their number one priority and is supported through their encouraging environment of comradery and mentorship.

**MICU:** The Medical Intensive Care Unit (MICU)/7 West is a 20-bed intensive care unit. This unit provides holistic and compassionate care for patients with numerous diagnoses including pneumonia, GI bleed, respiratory failure, sepsis, heart failure, MI, post-cardiac arrest, acute renal failure, multi-system organ failure and many others. Nurses utilize a variety of equipment including intra-aortic balloon pumps and

continuous dialysis machines. The MICU is a closed unit with an intensivist physician serving as the attending for each patient. The Christ Hospital is a teaching facility which allows the staff to work closely with the medical residents in the MICU and provides an opportunity for new nurses to receive specialized training in the Critical Care Nurse Residency Program. The MICU and SICU share primary responsibility for the Rapid Response Team (the STAT Team) and respond to calls throughout the hospital. The MICU RNs strive to utilize technology and evidence-based practice to provide compassionate and efficient care to achieve best possible outcomes for patients.

**SICU:** The Surgical Intensive Care Unit (SICU) is a 12-bed unit. This unit serves adult and, occasionally, adolescent patients. Diagnostic categories include neurology, neurosurgery, general surgery, vascular surgery, thoracic surgery, internal medicine, respiratory disease and OB/Gyn surgery. Many patients are admitted to the SICU directly from the operating room for their initial recovery period, including those undergoing kidney transplants. These patients receive care in the SICU immediately post-op and remain on the unit for the first few days following the transplant. Any patients requiring intraventricular/intracerebral monitoring are cared for in SICU. All SICU nurses become NIH Stroke Scale Certified within their first year on the unit. The SICU vision is to consistently provide exceptional patient and family-focused care with expert knowledge, mutual respect and professionalism in an enthusiastic, nurturing and rewarding environment.

### **WOMEN'S HEALTH UNITS**

**Labor & Delivery:** The Labor & Delivery unit is a 29-bed unit handling approximately 3100 deliveries and 2100 ambulatory patients per year. This unit delivers care to a complex range of patients varying in age from newborns to teens, young adults and adults. Within the unit, there are 12 labor and delivery beds, 4 high-risk beds, 3 post-op recovery beds, 3 surgical suites and a 4-bed triage unit. Patients are triaged, admitted, stabilized, delivered or transferred to a level III facility as appropriate.

**Postpartum:** The Postpartum unit is responsible for the post-delivery care of mothers and their infants, low risk antepartum and clean gyn surgeries. Staff on this unit assist with breastfeeding and education while monitoring the healing and recuperation of new mothers. Staff on this unit are also responsible for maintaining the health of the mother and baby while monitoring any complications that arise during the postpartum period and ensure that mothers have a smooth transition from hospital to home.

**NICU:** The level III Neonatal Intensive Care Unit (NICU) is a new 15-bed unit. The NICU can care for very preterm, 28 weeks gestation, to term infants that require additional support. The range of medical conditions include but are not limited to respiratory support, feeding assistance, neonatal opioid withdrawal syndrome, glucose instability, and antibiotic therapy. NICU RNs attend all high-risk deliveries and assist with initial assessments as needed. Staff RNs provide evidence-based care and place special emphasis on skin-to-skin, breastfeeding, and safe sleep practices.

**LDRP Liberty Birthing Center:** The Liberty Birthing Center is a 9-bed LDRP (labor, delivery, recovery and postpartum all in one room) unit and includes a level II special care nursery with 4 private beds and 2 open beds. There is a 4-bed triage/postpartum area as well. This unit is also equipped with 2 ORs that include a family viewing room. This is a newly built building with a strong emphasis on patient and family-centered care. This unit has several amenities to offer patients and receives high patient satisfaction scores. A 24-hour laborist physician and a 24-hour NNP are in-house to cover any patient

needs on the unit. There is also 24-hours anesthesia coverage in cases where an epidural or c-section are needed.

### **SURGICAL SERVICES**

**OR:** The Operating Room consists of 47 suites providing care related to cardiovascular, eyes/ENT, genitourinary, general surgery, gynecology, kidney transplants, neurosurgery, orthopedics, robotic, and plastic surgery. The OR suites contain state-of-the art equipment and new technology. RNs in the OR must be motivated and able to adapt well to a fast-paced, changing environment.

**PACU:** The Post Anesthesia Care Unit (PACU) is a 28-bed unit serving general surgery, GU, spine, orthopedics, neurosurgery, kidney transplants as well as a 10-bed unit serving the women's center (GYN procedures). Staff on this unit care for a variety of post-surgical patients in a fast-paced, high acuity environment which requires ICU skills, time management, and flexibility with hours worked in order to meet our patient needs.

### **ED**

**ED Main** - Specializing in adult cardiac care and complex internal medicine, Christ Hospital's 33-bed emergency department includes some of the most experienced and trusted emergency care specialists in the area, including: board-certified emergency medicine physicians, trauma surgeons, nurses, physician assistants and social workers. The department has a high acuity patient population and an all-RN nursing staff. It's a fast-paced environment and requires excellent critical thinking skills.